

## Emergency First Aid at Work

This course can be adapted to suit a particular audience and is ideal for lower risk businesses, in line with the Health and Safety (First Aid) regulations 1981. The course is run over one day and includes both theory and practical sessions, in a relaxed atmosphere, designed to boost a candidate's confidence.

*The syllabus includes:-*  
First Aid Priorities  
Managing Incidents  
Basic Life Support  
Examination of a Casualty  
Unconsciousness  
Control of Bleeding  
Burns and Scalds  
Regulations  
First Aid Kits  
Recording and Reporting



Certification is dependent on successful continuous assessment of the student, there is no final exam. Those students who complete the course and are deemed to have reached the required standard are issued with a certificate that is valid for three years\*.

### **Cost**

The cost of this course is £195  
£10 charge per candidate to cover certification and manual  
Maximum 12 candidates  
**OFF SITE TRAINING - £85 PER PERSON**

\*Under the current guidelines it is “strongly recommended” that first aid trained staff attend a half-day update every twelve months – before completing full re-qualification training at the three year point.

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